### GT ALPINA



### About

GT Alpina proudly calls itself a workhorse serif, but delights in playing with the very meaning of that concept. It reaches into the grab bag of typographic history to resurrect shapes some may falsely see as too expressive, resulting in a meticulous family melding these distinct shapes with a pragmatic execution.

Designed by Reto Moser Details Released in 2020 Available in 70 Styles For Desktop, Web, App Licensing

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Thin	Aa	Aa	Aa	Aa	Aa	Aa
Light	Bb	Bb	Bb	Bb	Bb	Bb
Regular	Cc	Сс	Cc	Cc	Cc	Cc
Medium	Dd	Dd	Dd	Dd	Dd	Dd
Bold	Ee	Ee	Ee	Ee	Ee	Ee

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GT Alpina Fine	Condensed	Condensed Italic	Standard	Italic	Extended	Extended Italic
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Light	Bb	Bb	Bb	Bb	Bb	Bb
Regular	Cc	Сс	Cc	Cc	Ce	Cc
Medium	Dd	Dd	Dd	Dd	Dd	Dd
Bold	Ee	Ee	Ee	Ee	Ee	Ee

GT Alpina Typewriter	Standard	Italic	
Thin	Aa	Aa	
Light	Bb	Bb	
Regular	Cc	Cc	
Medium	Dd	Dd	
Bold	Ee	Ee	

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### Uppercase Latin

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### Alternates

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GT Alpina Technical Specifications

Latin-alphabet languages: Afaan, Afar, Afrikaans, Albanian, Alsatian, Amis, Anuta, Aragonese, Aranese, Aromanian, Arrernte, Asturian, Atayal, Aymara, Azerbaijani, Basque, Belarusian, Bemba, Bikol, Bislama, Bosnian, Breton, Cape Verdean Creole, Catalan, Cebuano, Chamorro, Chavacano, Chichewa, Chickasaw, Cimbrian, Cofán, Cornish, Corsican, Creek, Croatian, Czech, Danish, Dawan, Dholuo, Drehu, Dutch, English, Estonian, Faroese, Fijian, Filipino, Finnish, French, Frisian, Friulian, Galician, Ganda, Genoese, German, Gikuyu, Gooniyandi, Greenlandic (Kalaallisut), Guadeloupean Creole, Gwich'in, Haitian Creole, Hawaiian, Hiligaynon, Hopi, Hungarian, Icelandic, Ido, Igbo, Ilocano, Indonesian, Irish, Istro-Romanian, Italian, Jamaican, Javanese, Jèrriais, Kaingang, Kala Lagaw Ya, Kapampangan, Kaqchikel, Kashubian, Kikongo, Kinyarwanda, Kiribati, Kirundi, Kurdish, Ladin, Latin, Latvian, Lithuanian, Lombard, Low Saxon, Luxembourgish, Maasai, Makhuwa, Malay, Maltese, Manx, Māori, Marquesan, Megleno-Romanian, Meriam Mir, Mirandese, Mohawk, Moldovan, Montagnais, Montenegrin, Murrinh-Patha, Nagamese Creole, Nahuatl, Ndebele, Neapolitan, Niuean, Noongar, Norwegian, Occitan, Old Icelandic, Old Norse, Oshiwambo, Palauan, Papiamento, Piedmontese, Polish, Portuguese, Q'eqchi', Quechua, Rarotongan, Romanian, Romansh, Rotokas, Inari Sami, Lule Sami, Northern Sami, Southern Sami, Samoan, Sango, Saramaccan, Sardinian, Scottish Gaelic, Seri, Sevchellois Creole, Shawnee, Shona, Sicilian, Silesian, Slovak, Slovenian, Somali, Upper and Lower Sorbian, Northern and Southern Sotho, Spanish, Sranan, Sundanese, Swahili, Swazi, Swedish, Tagalog, Tahitian, Tetum, Tok Pisin, Tokelauan, Tongan, Tshiluba, Tsonga, Tswana, Tumbuka, Turkish, Tuvaluan, Tzotzil, Venetian, Vepsian, Võro, Wallisian, Walloon, Waray-Waray, Warlpiri, Wayuu, Welsh, Wik-Mungkan, Wolof, Xavante, Xhosa, Yapese, Yindjibarndi, Zapotec, Zarma, Zazaki, Zulu, Zuni

File Formats	Desktop: OTF Web: WOFF2, WOFF, TTF App: OTF
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Contact	mail@grillitype.com www.grillitype.com

GT Alpina Fine Condensed Thin 80pt



GT Alpina Fine Condensed Thin 147pt

# Pic Sans Nom

GT Alpina Fine Condensed Thin 260pt



### GT Alpina Condensed Thin 9pt

The *Alps* are the highest and most extensive mountain range system that lies entirely in Europe, and stretching approximately 1200 kilometres across eight Alpine countries (from west to east): *France, Switzerland, Monaco, Italy, Liechtenstein, Austria, Germany, and Slovenia.* The mountains were formed over tens of millions of years as the African and Eurasian tectonic plates collided.

Extreme shortening caused by the event resulted in marine sedimentary rocks rising by thrusting and folding into high mountain peaks such as Mont Blanc and the Matterhorn. Mont Blanc spans the French–Italian border, and at 4810 m is the highest mountain in the Alps. The Alpine region area contains about a hundred peaks higher than 4000 metres (13000 ft).

The altitude and size of the range affects the climate in Europe; in the mountains precipitation levels vary greatly and climatic conditions consist of distinct zones. *Wildlife* such as ibex live in the higher peaks to elevations of 3400 m (11155 ft), and plants such as Edelweiss grow in rocky areas in lower elevations as well as in higher elevations. Evidence of human habitation in the Alps goes back to the Palaeolithic era. A mummified man, determined to be 5000 years old, was discovered on a glacier at the Austrian–Italian border in 1991. By the 6th century BC, the Celtic La Tène culture was well established. Hannibal

### GT Alpina Condensed Thin 14pt

The English word Alps derives from the Latin Alpes. Maurus Servius Honoratus, an ancient commentator of Virgil, *says in his commentary that all high mountains are called Alpes by Celts*. The term may be common to Italo-Celtic, because the Celtic languages have terms for high mountains derived from alp.

This may be consistent with the theory that in Greek Alpes is a name of non-Indo-European origin which is common for prominent mountains and mountain ranges in the Mediterranean region. According to the *Oxford English Dictionary*, the Latin Alpes might possibly derive from a pre-Indo-European word \*alb *"hill"*; *"Albania"* is a related derivation. Albania, a GT Alpina Condensed Thin 19pt

The Alps are a crescent shaped geographic feature of central Europe that ranges in a 800 km arc *(straight line)* from east to west and is 200 km in width. The mean height of the mountain peaks is 2.5 km.

The range stretches from the Mediterranean Sea north above the Po basin, extending through France from Grenoble, and stretching eastward through mid and southern Switzerland. The range continues onward toward Vienna, Austria, and east to the Adriatic Sea and Slovenia. To the south it dips into northern Italy and to the north extends to the southern border of Bavaria in Germany. In areas like Chiasso, Switzerland, and Allgäu, Bavaria, the demarcation between the mountain range and the flatlands are clear; in other places such as Geneva, the demarcation is less clear. The countries with the greatest alpine GT Alpina Fine Condensed Light 80pt



GT Alpina Fine Condensed Light 147pt

# Bernese Alps



GT Alpina Condensed Light 9pt

The formation of the Alps (the Alpine orogeny) was an episodic process that began about 300 million years ago. In the Paleozoic Era the Pangaean supercontinent consisted of a single tectonic plate; it broke into separate plates during the Mesozoic Era and the Tethys sea developed between Laurasia and Gondwana during the Jurassic Period. The Tethys was later squeezed between colliding plates causing the formation of mountain ranges called the Alpide belt, from Gibraltar through the *Himalayas to Indonesia* — a process that began at the end of the Mesozoic and continues into the present. The formation of the Alps was a segment of this orogenic process, caused by the collision between

the African and the Eurasian plates that began in the late *Cretaceous Period*.

Under extreme compressive stresses and pressure, marine sedimentary rocks were uplifted, creating characteristic recumbent folds, or nappes, and thrust faults. As the rising peaks underwent erosion, a layer of marine flysch sediments was deposited in the foreland basin, and the sediments became involved in younger nappes (folds) as the orogeny progressed. Coarse sediments from the continual uplift and erosion were later deposited in foreland areas as molasse. The molasse regions in *Switzerland* and *Bavaria* were well-developed and saw further upthrusting of flysch.

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The Alpine orogeny occurred in ongoing cycles through to the *Paleogene* causing differences in nappe structures, with a late-stage orogeny causing the development of the Jura Mountains. A series of tectonic events in the Triassic, Jurassic and Cretaceous periods caused different paleogeographic regions. The Alps are subdivided by different *lithology* (rock composition) and nappe structure according to the orogenic events that affected them.

The geological subdivision differentiates the Western, Eastern Alps and Southern Alps: the Helveticum in the north, the *Penninicum and Austroalpine system* in the centre and,

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Peaks in France, Italy and Switzerland lie in the "Houillière zone", which consists of basement with sediments from the Mesozoic Era. High "massifs" with external sedimentary cover are more common in the Western Alps and were affected by Neogene Period thin-skinned thrusting whereas the Eastern Alps have comparatively few high peaked massifs. Similarly the peaks in eastern Switzerland extending to western Austria (Helvetic nappes) consist of thin-skinned sedimentary folding that detached from former basement rock.

In simple terms the structure of the Alps consists of layers of rock of *European, African and oceanic* (Tethyan) origin. The bottom nappe structure is of continental European origin, above which are stacked marine sediment nappes, topped off by nappes derived from the African plate. The Matterhorn is an GT Alpina Fine Condensed Regular 80pt



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## Monte Rosa

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The Alps are a source of minerals that have been mined for *thousands of years*. In the 8th to 6th centuries BC during the Hallstatt culture, Celtic tribes mined copper; later the Romans mined gold for (s) in the Bad Gastein area. Erzberg in Styria furnishes high-quality iron ore for the steel industry. *Crystals are found throughout much of the Alpine region such as cinnabar, amethyst, and quartz*. The cinnabar deposits in Slovenia are a notable source of cinnabar pigments.

Alpine crystals have been studied and collected for hundreds of years, and began to be classified in the 18<sup>th</sup> century. Leonhard Euler studied the shapes of crystals, and by the 19th century crystal hunting was common in Alpine regions. David Friedrich Wiser amassed a collection of 8000 crystals that he studied and documented. In the 20th century Robert Parker wrote a well-known work about the rock crystals of the Swiss Alps; at the same period a commission was established to control and standardize the naming of Alpine minerals In the Miocene Epoch the mountains underwent severe erosion because of glaciation, which was noted in the mid-19<sup>th</sup> century by naturalist Louis Agassiz who presented a paper proclaiming the Alps were covered in ice at various intervals-a theory he formed when studying rocks near his Neuchâtel home which he

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Alpine glaciers can be straight rivers of ice, long sweeping rivers, spread in a fan-like shape (Piedmont glaciers), and curtains of ice that hang from vertical slopes of the mountain peaks. The stress of the movement causes the ice to break and crack loudly, *perhaps explaining why the mountains were believed to be home to dragons in the medieval period.* The cracking creates unpredictable and dangerous crevasses, often invisible under new snowfall, which cause the greatest danger to mountaineers.

Glaciers end in ice caves (the Rhône Glacier), by trailing into a lake or river, or by shedding snowmelt on a meadow.

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The Alps provide lowland Europe with *drink-ing water, irrigation, and hydroelectric power*. Although the area is only about 11 percent of the surface area of Europe, the Alps provide  $\Rightarrow$  to 90% of water to lowland Europe, particularly to arid areas and during the summer months. Cities such as *Milan* depend on 80 percent of water from Alpine runoff. Water from the rivers is used in over 500 hydroelectricity power plants, generating as much as 2900 GWb of electricity.

Major European rivers flow from the Alps, such as *the Rhine, the Rhône, the Inn, and the Po*, all of which have headwaters in the Alps and flow into neighbouring countries, finally emptying into the North Sea, the Mediterranean Sea, the Adriatic Sea and the Black Sea. Other rivers such as the Danube have major tributaries flowing into them that originate GT Alpina Fine Condensed Medium 80pt



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## Mont Blanc

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The Alps are a classic example of what happens when a temperate area at lower altitude gives way to higher-elevation terrain. Elevations around the  $\oplus$  that have cold climates similar to those of *the polar regions* have been called Alpine. A rise from sea level into the upper regions of the atmosphere causes the temperature to decrease.

The effect of *mountain chains* on prevailing winds is to carry warm air belonging to the lower region into an upper zone, where it expands in volume at the cost of a proportionate loss of temperature, often accompanied by precipitation in the form of snow or rain. The height of the Alps is sufficient to divide the weather patterns in Europe into a *wet north and a dry south* because moisture is sucked from the air as it flows over the high peaks.

The severe weather in the Alps has been studied since the  $18^{th}$  century; particularly the weather patterns such as the seasonal foehn wind. Numerous weather stations were placed in the mountains early in the *early*  $20^{tb}$  century, providing continuous data for climatologists. Some of the valleys are quite arid such as the *Aosta valley* in Italy, the Maurienne in France, the Valais in Switzerland, and northern Tyrol. The areas that are not arid and receive high precipitation experience periodic flooding from rapid snowmelt and runoff. The mean precipitation in

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The Alps are split into *five climatic zones*, each with different vegetation. The climate, plant life and animal life vary among the different sections or zones of the mountains.

The lowest zone is *the colline zone*, which exists between 500 and 1000 m (1600 and 3300 ft), depending on the location. *The montane zone* extends from 800 to 1700 m (2600 to 5600 ft), followed by *the sub-Alpine zone* from 1600 to 2400 m (5200 to 7900 ft). *The Alpine zone*, extending from tree line to snow line, is followed by *the glacial zone*, which covers the glaciated areas of the mountain. Climatic conditions show variances within the same zones; for example,

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Thirteen thousand species of plants have been identified in the Alpine regions. *Alpine plants* are grouped by habitat and soil type which can be limestone or non-calcareous.

The habitats range from meadows, bogs, woodland (deciduous and coniferous) areas to soil-less scree and moraines, and rock faces and ridges. A natural vegetation limit with altitude is given by the presence of the chief deciduous trees — oak, beech, ash and sycamore maple. These do not reach exactly to the same elevation, nor are they often found growing together; but their upper limit corresponds accurately enough to the change from a temperate to a colder climate that is further proved by a change in the presence of wild herbaceous vegetation. This limit usually lies about 1200 m (3900 ft) above the sea on the north side of the Alps, but on the southern

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### FINSTERAARHORN

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The Alps are a habitat for 30 000 species of wildlife, ranging from the *tiniest snow fleas to brown bears*, many of which have made adaptations to the harsh cold conditions and high altitudes to the point that some only survive in specific micro-climates either directly above or below the snow line.

The *largest mammal* to live in the highest altitudes are the *alpine ibex*, which have been sighted as high as 3000 m (9800 ft). The ibex live in caves and descend to eat the succulent alpine grasses. Classified as antelopes, chamois are smaller than ibex and found throughout the Alps, living above the tree line and are

common in the entire alpine range. Areas of the eastern Alps are still home to *brown bears*. In Switzerland the canton of Bern was named for the bears but the last bear is recorded as having been killed in 1792 above Kleine Scheidegg by three hunters from Grindelwald.

Many rodents such as voles live underground. *Marmots* live almost exclusively above the tree line as high as 2700 m (8 900 ft). They hibernate in large groups to provide warmth, and can be found in all areas of the Alps, in large colonies they build beneath the alpine pastures. Golden eagles and bearded vultures are the largest birds to be found in the Alps; they nest

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Reptiles such as adders and vipers live 🖑 to the snow line; because they cannot bear the cold temperatures they hibernate underground and soak 🖑 the warmth on rocky ledges. The high-altitude Alpine *salamanders* have adapted to living above the snow line by giving *birth to fully developed young rather than laying eggs*. Brown trout can be found in the streams 🖑 to the snow line. *Molluscs* such as the wood snail live 🖑 the snow line. Popularly gathered as food, the snails are now protected.

A number of species of *moths* live in the Alps, some of which are believed to have evolved in the same habitat 4 to

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*Human interference* has nearly exterminated the trees in many areas, and, except for the beech forests of the Austrian Alps, forests of deciduous trees are rarely found after the extreme deforestation between the 17<sup>th</sup> and 19<sup>th</sup> centuries.

The vegetation has changed since the second half of the 20<sup>th</sup> century, as the high alpine meadows cease to be harvested for hay or used for grazing which eventually might result in a regrowth of forest. In some areas the modern practice of building ski runs by mechanical means has destroyed the underlying tundra from which the plant life cannot recover during the non-skiing months, whereas areas that still practice a natural piste type of ski slope building preserve the fragile underlayers. The butterflies tend to be large, such as GT Alpina Fine Thin 80pt



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trahlhorn

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### GT Alpina Thin 9pt

About 10000 years ago, when the ice melted after the Würm glaciation, late Palaeolithic communities were established along the lake shores and in cave systems. Evidence of human habitation has been found in caves near Vercors, close to Grenoble: in Austria the Mondsee culture shows evidence of houses built on piles to keep them dry. Standing stones have been found in Alpine areas of France and Italy. *The Rock Drawings* in Valcamonica are more than 5000 years old; more than 200000 drawings and etchings have been identified at the site. In 1991 a mummy of a neolithic body, known as Ötzi the Iceman, was discovered by hikers on the Similaun glacier. His clothing and gear indicate that he lived in an alpine farming community, while the location and manner of his death - an arrowhead was discovered in his shoulder – suggests he was travelling from one place to another. Analysis of the mitochondrial DNA of Ötzi, has shown that he belongs to the K1 subclade which cannot be categorized into any of the three modern branches of that subclade. The new subclade has provisionally been named K1ö for Ötzi. The Emperor Tsin Shi, who reigned from 259-210 B.C., is said to

### GT Alpina Thin 14pt

Celtic tribes settled in *Switzerland between 1500 and* 1000 BC. The Raetians lived in the eastern regions, while the west was occupied by *the Helvetii* and *the Allobrogi* settled in the *Rhône valley* and in *Savoy*.

Among the many substances *Celtic tribes* mined was salt in areas such as *Salzburg in Austria* where evidence of the Hallstatt culture was found by a mine manager in the 19<sup>th</sup> century. By the 6<sup>th</sup> century BC the *La Tène culture* was well established in the region, and became known for high quality decorated weapons and jewellery. The Celts were the GT Alpina Thin 19pt

The Roman expansion brought the defeat of *the Allobrogi in 121 BC* and during the *Gallic Wars in 58 BC* Julius Caesar overcame the Helvetia.

The Rhaetians continued to resist but were eventually conquered when the Romans turned northward to the Danube valley in Austria and defeated the Brigantes. The Romans built settlements in the Alps; towns such as Aosta (named for Augustus) in Italy, Martigny and Lausanne in Switzerland, and Partenkirchen in Bavaria show remains of Roman baths, villas, arenas and temples. Much of the Alpine region was gradually settled by Germanic tribes, (Lombards, Alemanni, Bavarii, and Franks) from the 6th to the 13th centuries mixing with the local Celtic GT Alpina Fine Light 80pt

### RIMPFISCHHORN

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## Le Râteau

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### GT Alpina Light 9pt

The population of the region is 14 million spread across eight countries. On the rim of the mountains, on the plateaus and the plains the economy consists of manufacturing and service jobs whereas in the higher altitudes and in *the mountains farming* is still essential to the economy.

Farming and forestry continue to be mainstays of *Alpine culture*, industries that provide for export to the cities and maintain the mountain ecology. Much of the Alpine culture is unchanged since the medieval period when skills that guaranteed survival in the mountain valleys and in the highest villages became mainstays, leading to strong traditions of *carpentry*, *woodcarving*, *baking* and *pastry-making*, and cheesemaking.

Farming had been a traditional occupation for centuries, although it became less dominant in the 20<sup>th</sup> century with the advent of tourism. Grazing and pasture land are limited because of the steep and rocky topography of the Alps. In mid-June cows are moved to the highest pastures close to the snowline, where they are watched by herdsmen who stay in the high altitudes often living in stone huts or wooden barns during the sum-

### GT Alpina Light 14pt

Researchers say that *diamond fragments* from the dawn of (1) may contain evidence that life began on Earth as early as 4.25 *billion years ago*, just a few hundred million years after the planet came into existence–although they also say that their findings aren't conclusive and that they may well be wrong.

Studying anything about the *ancient earth* is extremely difficult. Rocks that formed four billion years ago will long since have been beat up, metamorphosed, or melted. Researchers got around that problem by studying microscopic diamond pieces

### GT Alpina Light 19pt

The Alps are one of the more popular tourist destinations in the  $\oplus$  with many resorts such *Oberstdorf*, in *Bavaria*, *Saalbach* in *Austria*, *Davos* in *Switzerland*, *Chamonix* in *France*, and *Cortina d'Ampezzo* in *Italy* recording more than a million annual visitors. With over 120 million visitors a year, tourism is integral to the *Alpine economy* with much it coming from winter sports, although summer visitors are also an important component.

The tourism industry began in the early 19<sup>th</sup> century when foreigners visited the Alps, travelled to the bases of the mountains to enjoy the scenery, and stayed at the spa-resorts. Large hotels were built during the *Belle Époque*; cog-railways, built early in the GT Alpina Fine Regular 80pt

## SCHRECKHORN

GT Alpina Fine Regular 147pt



### GT Alpina Regular 9pt

In the first half of the 20<sup>th</sup> century the Olympic Winter Games were held three times in Alpine venues: the 1924 Winter Olympics in Chamonix, France; the 1928 Winter Olympics in St. Moritz, Switzerland; and the 1936 Winter Olympics in Garmisch-Partenkirchen. Germany. During World War II the winter games were cancelled but after that (1) the Winter Games have been held in St. Moritz (1948), Cortina d'Ampezzo (1956), Innsbruck, Austria (1964 and 1976), Grenoble, France, (1968), Albertville, France, (1992), and Torino (2006). In 1930 the Lauberhorn Rennen (Lauberhorn Race),

was run for the first () on the Lauberhorn above Wengen; the equally demanding Hahnenkamm was first run in the same year in Kitzbühl, Austria.

Both races continue to be held each January on successive weekends. The Lauberhorn is the more strenuous downhill race at 4.5 km and poses danger to racers who reach 130 km/h within seconds of leaving the start gate. During the *post-World War I* period ski-lifts were built in Swiss and Austrian towns to accommodate winter visitors, but summer tourism continued to be important; by the mid-20<sup>th</sup> century the popularity of

### GT Alpina Regular 14pt

A mountain is a large landform that rises above the surrounding land in a limited area, usually in the form of a peak. A mountain is generally steeper than a hill. Mountains are formed through tectonic forces or volcanism. These forces can locally raise the surface of the earth. Mountains erode slowly through the action of rivers, weather conditions, and glaciers. A few mountains are isolated summits, but most occur in huge mountain ranges.

High elevations on mountains produce colder climates than at sea level. These colder climates strong-

### GT Alpina Regular 19pt

There is no universally accepted definition of a mountain. Elevation, volume, relief, steepness, spacing and continuity have been used as criteria for defining a mountain. In the Oxford English Dictionary a mountain is defined as *"a natural elevation of the earth surface rising more or less abruptly from the surrounding level and attaining an altitude which, relatively to the adjacent elevation, is impressive or notable."* 

Whether a landform is called a mountain may depend on local usage. *Mount Scott* outside Lawton, Oklahoma, USA, is only 251 m from its base to its highest point. *Whittow's Dictionary* of Physical Geography states "Some authorities regard eminences above 600 metres (2000 ft) as mountains, those GT Alpina Fine Medium 80pt



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# Schinborn

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In the United Kingdom and the Republic of Ireland, a *mountain is usually defined as any summit at least 610 m bigb*, which accords with the official UK government's definition that a mountain, for the purposes of access, is a summit of 610 m or higher. In addition, some definitions also include a topographical prominence requirement, typically 30 or 152 m.

At one () the U.S. Board on Geographic Names defined a mountain as being 300 m or taller, but has abandoned the definition since the 1970s. Any similar landform lower than this height was considered a hill. However, today, the *United States Geological Survey* (USGS) concludes that these terms do not have technical definitions in the US.

There are three main types of mountains: volcanic, fold, and block. All three types are formed from plate tectonics: when portions of the Earth's crust move, crumple, and dive. Compressional forces, isostatic uplift and intrusion of igneous matter forces surface rock upward, creating a landform higher than the surrounding features. The height of the feature makes it either a *bill* or, if higher and steeper, a *mountain*. Major mountains tend to

### GT Alpina Medium 14pt

Volcanoes are formed when a plate is pushed below another plate, or at a mid-ocean ridge or hotspot. At a depth of around 100 km, melting occurs in rock above the slab (due to the addition of water), and forms magma that reaches the surface. When the magma reaches the surface, it often builds a volcanic mountain, such as a shield volcano or a stratovolcano. Examples of volcanoes include Mount Fuji in Japan and Mount Pinatubo in the Philippines. The magma does not have to reach the surface in order to create a mountain: magma that soGT Alpina Medium 19pt

*Fold mountains* occur when two plates collide: shortening occurs along thrust faults and the crust is overthickened. Since the less dense continental crust "floats" on the denser mantle rocks beneath, the  $\oplus$  of any crustal *material* forced upward to form hills, plateaus or mountains must be balanced by the buoyancy force of a much greater volume forced downward into the mantle. Thus the continental crust is normally much thicker under mountains, compared to lower lying areas. Rock can fold either symmetrically or asymmetrically. The upfolds are anticlines and the downfolds are synclines: in asymmetric folding there may also be recumbent and overturned folds. The Balkan Mountains and the Jura MounGT Alpina Fine Bold 80pt

### DENT D'HÉRENS GT Alpina Fine Bold 147pt

Breithorn

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### GT Alpina Bold 9pt

During and following uplift, mountains are subjected to the agents of erosion (water, wind, ice, and gravity) which gradually wear the uplifted area down. Erosion causes the surface of mountains to be younger than the rocks that form the mountains themselves. Glacial processes produce characteristic landforms, such as pyramidal peaks, knife-edge arêtes, and bowl-shaped cirques that can contain lakes. Plateau mountains, such as the Catskills, are formed from the erosion of an uplifted plateau. ter flow or wind) that removes soil, rock, or dissolved material from one location on the Earth's crust, and then transport it away to another location (not to be confused with weathering which involves no movement). The particulate breakdown of rock or soil into clastic sediment is referred to as physical or mechanical erosion; this contrasts with chemical erosion, where soil or rock material is removed from an area by its dissolving into a solvent (typically water), followed by the flow away of that solution. Eroded sediment or solutes may be transported just a few millimetres, or for thou-

In Earth science, erosion is the action of surface processes (such as wa-

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*Block mountains* are caused by faults in the crust: a plane where rocks have moved past each other. When rocks on one side of a fault rise relative to the other, it can form a mountain. The uplifted blocks are block mountains or horsts.

The intervening dropped blocks are termed graben: these can be small or form extensive rift valley systems. This form of landscape can be seen in East Africa, *the Vosges, the Basin* and *Range Province* of Western North America and *the Rhine valley*. These areas often occur when the regional stress is exten-

### GT Alpina Bold 19pt

The highest known permanently tolerable altitude is at 5950 metres. At very high altitudes, the decreasing atmospheric pressure means that less oxygen is available for breathing, and there is less protection against solar radiation (UV). Above 8000 metres elevation, there is not enough oxygen to support human life. This is known as the "death zone". The summits of Mount Everest and K2 are in the death zone. Mountains are generally less preferable for human habitation than lowlands, because of harsh weather and little level ground suitable for agriculture. While 7% of the land area of Earth is above 2500 metres, only 140 million people live above that altitude and only 20–30 million people

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### ALETSCHHORN

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GT Alpina Fine Extended Thin 250pt



### GT Alpina Extended Thin 9pt

Heights of mountains are typically measured above sea level. Using this metric, *Mount Everest* is the highest mountain on Earth, at 8848 metres. There are at least 100 mountains with heights of over 7200 metres above sea level, all of which are located in central and southern Asia. The highest mountains above sea level are generally not the highest above the surrounding terrain. There is no precise definition of surrounding base, but Denali, Mount Kilimanjaro and Nanga Parbat are possible candidates for the tallest mountain on land by this measure. The bases of mountain islands are below sea

level, and given this consideration *Mauna Kea* (4207 m above sea level) is the world's tallest mountain and volcano, rising about 10203 m from the Pacific Ocean floor.

The highest mountains are not generally the most voluminous. *Mauna Loa* (4169 m) is the largest mountain on Earth in terms of base area (about 5200 km<sup>2</sup>) and volume (75000 km<sup>3</sup>). Mount Kilimanjaro is the largest nonshield volcano in terms of both base area (245 sq mi or 635 km<sup>2</sup>) and volume (1150 cu mi or 4793 km<sup>3</sup>). Mount Logan is the largest non-volcanic mountain in base area (120 sq mi or 311 km<sup>2</sup>)

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*Mountaineering, mountain climbing, or alpinism* is the sport, hobby or profession of hiking, skiing, and climbing mountains.

While mountaineering began as attempts to reach the highest point of unclimbed big mountains it has branched into specializations that address different aspects of the mountain and consists of three areas: *rock-craft, snow-craft and skiing,* depending on whether the route chosen is over rock, snow or ice. All require experience, athletic ability, and technical knowledge to maintain safety.

### GT Alpina Extended Thin 19pt

Mountains are generally less preferable for human habitation than lowlands, because of harsh weather and little level ground suitable for agriculture. While 7% of the land area of Earth *is above 2500 metres (8200 ft), only 140* million people live above that altitude and only 20–30 million people above 3000 metres (9800 ft) elevation. About half of mountain dwellers live in the Andes, Central Asia, and Africa. With limited access to infrastructure, only a handful of human communities exist above 4000 metres (13000 ft) of elevation. Many are small and have heavily specialized economies, often relying on industries such as agriculture, mining, and tourism. [citation needed]

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*lesthorn* 

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Humans have been present in mountains since prehistory. The remains of *Ötzi*, who lived in the 4th millennium BC, were found in a glacier in the Ötztal Alps. However, the highest mountains were rarely visited early on, and were often associated with supernatural or religious concepts. Nonetheless, there are many documented examples of people climbing mountains prior to the formal development of the sport in the 19<sup>th</sup> century, although many of these stories are sometimes considered fictional or leg-

endary. The famous poet Petrarch describes his 26 April 1336 ascent of *Mount Ventoux* (1912 m) in one of his epistolae familiares, claiming to be inspired by Philip V of Macedon's ascent of *Mount Haemo*.

For most of antiquity, climbing mountains was a *practical or symbolic activity*, usually undertaken for economic, political, or religious purposes. A commonly cited example is the 1492 ascent of *Mont Aiguille* (2085 m) by Antoine de Ville, a French military officer and lord of Domjulien

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The Age of Enlightenment and the Romantic era marked a change of attitudes towards high mountains. In 1757 Swiss scientist Horace-Bénédict de Saussure made the first of several unsuccessful attempts on *Mont Blanc* in France.

He then offered a reward to anyone who could climb the mountain, which was claimed in 1786 by Jacques Balmat and Michel-Gabriel Paccard. The climb is usually considered an epochal event in the history GT Alpina Extended Light 19pt

By the early 19th century, many of the alpine peaks were reached, including the Grossglockner in 1800, the Ortler in 1804, the Jungfrau in 1811, the Finsteraarborn in 1812, and the Breithorn in 1813. In 1808, Marie Paradis became the first woman to climb Mont Blanc, followed in 1838 by Henriette d'Angeville. The beginning of mountaineering as a sport in the UK is generally dated to the ascent of the Wetterhorn in 1854 by English mountaineer Sir Alfred Wills, who made mountaineering fashionable in Britain. This inaugurated what became known as the Golden Age of AlGT Alpina Fine Extended Regular 80pt

### MOUNT COOK

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The last and greatest mountain range was the Himalayas in Central Asia. They had initially been surveyed by the British the Himalayas, including one of Empire for military and strategic reasons. In 1892 Sir William Martin Conway explored the Karakoram Himalayas, and climbed a peak of 7000 m. In 1895 Albert F. Mummery died while attempting Nanga Parbat, while in 1899 Douglas Freshfield took an expedition to the snowy regions of Sikkim. In 1899, 1903, 1906, and 1908 American mountaineer Mrs.

Fanny Bullock Workman (one of the first professional female mountaineers) made ascents in the Nun Kun peaks (7100 m). A number of Gurkha sepoys were trained as expert mountaineers by Charles Granville Bruce, and a good deal of exploration was accomplished by them. In 1902 the Eckenstein-Crowley Expedition, led by English mountaineer Oscar Eckenstein and English occultist Aleister Crowley was the first to at-

tempt to scale K2. They reached

### GT Alpina Extended Regular 14pt

Eckenstein was also a pioneer in developing new equipment and climbing methods. He started using shorter *ice axes* which could be used single-handed, designed the modern crampons and improved on the nail patterns used for the *climbing boots*.

By the 1950s, all the eight-thousanders but two had been climbed starting with Annapurna in 1950 by Maurice Herzog and Louis Lachenal on the 1950 French Annapurna expedition. The last great peak was

### GT Alpina Extended Regular 19pt

The 1924 expedition saw another height record achieved but still failed to reach the summit with confirmation when George Mallory and Andrew Irvine disappeared on the final attempt. The summit was finally reached on May 29, 1953 by Sir Edmund Hillary and Tenzing Norgay from the south side in Nepal. Just a few months later, Hermann Buhl made the first ascent of Nanga Parbat (8125 m), a siege-style expedition culminating in a last 1300 meters walking alone, being under the influence of drugs: pervitin (based on the stimulant methamphetamine used by solGT Alpina Fine Extended Medium 80pt

### KILIMANJARO

GT Alpina Fine Extended Medium 147pt



### GT Alpina Extended Medium 9pt

Alpine rock climbing involves technical skills including the ability to place anchors into the rock to safely ascend a mountain. In some cases, climbers may have to climb multiple pitches of rock in order to reach the top.

Typically, for any one pitch, there is a belayer who is stationary and creates tension on the rope to catch a climber should he or she fall, and a climber who ascends the rock. The first climber, called the leader, will reach a point on the rock and next pitch. This process will

then build an anchor, which will secure subsequent climbers. Anchors could be created by using slings around a tree or boulder, or by using protection devices like cams and nuts.

Once anchored, the leader will then belay the climber coming 👆 from below. Once the follower reaches the leader, the leader will often transfer all necessary protection devices (known as a rack) to the follower. The follower then becomes the leader and will ascend the

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Compacted snow conditions allow mountaineers to progress on foot. Frequently crampons are required to travel efficiently and safely over snow and ice. Crampons attach to the bottom of a mountaineer's boots and provide additional traction on hard snow and ice. For loose snow, crampons are less suitable, and snowshoes or skis may preferred. Using various techniques from alpine skiing to ascend/descend a mountain is a form of the sport by

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It is not always wise for climbers to form a rope team, since one falling climber may pull the entire team off the mountain. However, the risks of individual, unprotected travel are often so great that groups have no choice but to form a rope team. For example, when travelling over glaciers, crevasses pose a grave danger to a climber who is not roped in. These giant cracks in the ice are not always visible as snow can be blown and freeze over the  $f_{TOP}$  to make a snowbridge. At times snowbridges can be as thin as a few inches, and may collapse from people walking GT Alpina Fine Extended Bold 80pt

### MONT DOLENT

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Ruinette

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There are two main styles of mountaineering: expedition style and alpine style. Alpine style, or informal variations of it, is the most common form of mountaineering today.

forward climb of the mountain, with no backtracking. This style in one day, then alpine-style is most suited for *medium-sized* mountain areas close to civilization with *elevations of 2000–* 5000 m, such as the Alps or the Rocky Mountains. Alpine style ascents have been done throughout history on extreme altitude mountaineer.

(above 5000 m) peaks also, albeit in lower volume to expedition style ascents. Climbers generally carry their loads between camps without backtracking, in a single push for the summit. If It involves a single, straight- the summit is reachable from the base camp or trailhead withmountaineers will not change camps at all, and only carry the slightest of loads (necessary nourishment and equipment) 🕁 to the summit. "Light and fast" is the mantra of the alpine

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The alpine style contrasts with "expedition style". With this style, climbers will carry large amounts of equipment and provisions  $\oint$  and  $\widehat{\uparrow}$  the mountain, slowing making upward progress. Climbing in an expedition style is preferred if the summit is very high or distant from civilization.

Mountaineers who utilize this style are usually, but not always, part of a large team of climbers and support staff (such as porters and guides). To cover large distances

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In rock climbing and ice climbing, a pitch is a steep section of a route that requires a rope between two belays, as part of a climbing system. Standard climbing ropes are between 50 and 80 metres long, so a pitch is always shorter, between two convenient ledges if possible; longer routes are multi-pitch, requiring the re-use of the rope each time. In *free climbing*, pitch refers to classification by climbers of the difficulty of ascent on certain climbing routes. The term "pitch" is also used by cavers to refer to a very steep or vertical section (called a drop,

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In advanced climbing or moun- tively calling a pitch any (!) taineering, another *defini*- a fixed belay was used or a tion of pitch is not re- changeover in the lead ocstricted by the length of the curred. This definition is rope. On easier terrain or used loosely, since the when moving quickly, the length of a pitch is only length of a pitch can be ex- limited by the nature of the tended by means of simul terrain and the confidence of climbing, effectively com- the individual climbing parbining several pitches to- ty. The term "pitch" is also gether by means of a running used by cavers to refer to a belay.

very steep or vertical sec-Speed climbers will often tion (called a drop, pit, or

state that they completed a *shaft*) in a cave that needs long route with a reduced ladders or single rope technumber of pitches, effec- nique to descend and ascend

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The Nose was climbed in 1958 by Warren Harding, Wayne Merry and George Whitmore in 47 days using "siege" tactics: climbing in an expedition style using fixed ropes along the length of the route, linking established camps along the way. The fixed manila ropes allowed the climbers to ascend and descend from the ground  $d_{0}$  throughout the 18-month project, although they presented unique levels of danger as well, sometimes

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After his successful solo ascent of the Leaning Tower, Royal Robbins turned his attention to the Yvon Chouinard-T.M. Herbert Muir Wall route, completing the first solo ascent of El Capitan during a 10-day push in 1968.

The first solo ascents of El Capitan's four classic "siege" routes were accomplished by Thomas Bauman on The Nose in 1969: Peter Hann on the Salathé Wall in 1972; Robert Kayen on the Layton Kor-Steve Roper West Buttress route in 1982; and Beverly Johnson on the Cooper-Baldwin-Denny Dihedral Wall route

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As it became clear that any *El Cap route*, though, was not non-crumbling face could be The Nose, but Salathé Wall. conquered with sufficient perseverance and bolt-hole ana made the first free asdrilling, some climbers began cent over 9 days in 1988, afsearching for El Cap routes ter 30 days of working the that could be climbed either route (graded 5.13b on the free or with minimal aid. The Yosemite Decimal System). The West Face route was free Nose was the second major climbed in 1979 by Ray Jar- route to be freeclimbed. Two dine and Bill Price; but de- pitches on The Nose blocked spite numerous efforts by efforts to free the route: Jardine and others. The Nose the "Great Roof" graded 5.13c resisted free attempts for and "Changing Corners" graded another fourteen years. The 5.14a/b. In 1993, Lynn Hill first free ascent of a main came close to freeing The

Todd Skinner and Paul Pi-

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After 4 days of climbing, *Hill* reached the summit, making her the first person to free climb The Nose. A year later, Hill returned to free climb The Nose in a day, this (?) reaching the summit in just 23 hours and setting a new standard for free climbing on "El Cap". The Nose saw a second free ascent in 1998, when Scott Burke summitted after 261 days of effort. On October 14. 2005, Tommy Caldwell and Beth Rodden,

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On January 14, 2015, Tommy Caldwell and Kevin Jorgeson completed the first free climb of the *Dawn Wall* after 19 days, one of the hardest climbs in the world.

On June 3, 2017, Alex Honnold completed the first free solo climb of El Capitan, without protective equipment. He ascended the Freerider line in 3 hours and 56 minutes, beginning at 5:32 am PDT and reaching the peak at 9:28 am PDT. The climb was filmed for the 2018 documentary Free Solo. couple) to free climb The Nose. They took four days on the ascent,

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Rock climbing is a sport in which participants climb up, \$ or across natural rock formations or artificial rock walls. The goal is to reach the summit of a formation or the endpoint of a usually pre-defined route without falling.

Professional rock climbing day grade IV-VI climbs. competitions have the objectives of either completing cally and mentally demanding the route in the quickest possible () or attaining the farthest point on an increasingly difficult route.

Due to the length of (!) and extended endurance required, and because accidents are most likely to happen on the descent, rock climbers do not usually climb back 🕆 the route, or "downclimb", especially on the larger multiple pitch class III-IV, or multi-

Rock climbing is a physisport, one that often tests a climber's strength, endurance, agility and balance along with mental control. It

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Paintings dating from 200 BC show Chinese men rock climbing. In early America. the cliff-dwelling Anasazi in the 12th century are thought to have been excellent climbers. Early European climbers used rock climbing techniques as a skill required to reach the summit in their mountaineering exploits.

In the 1880s, European rock climbing became an independent pursuit outside of mountain climbing.

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Although rock climbing was an important component of Victorian mountaineering in the Alps, it is generally thought that the sport of rock climbing began in the last quarter of the nineteenth century in various parts of Europe. Rock climbing evolved gradually from an alpine necessity to a distinct athletic activity.

Aid climbing, climbing using equipment that acts as artificial handhold or footholds, became popular during the period 1920–1960, leading to ascents in the Alps and in Yosemite Valley that were considered impossible without

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### EL CAPITAN

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# Manaseu

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The Alpine region of Switzerland, conventionally re- tral Alps. While the northern ferred to as the Swiss Alps ranges from the Bernese Alps (German: Schweizer Alpen, to the Appenzell Alps are en-French: Alpes suisses, Ital- tirely in Switzerland, the ian: Alpi svizzere, Romansh: southern ranges from the Mont Alps svizras), represents a Blanc massif to the Bernina major natural feature of the massif are shared with other country and is, along with countries such as France, Itthe Swiss Plateau and the alv. Austria and Liechten-Swiss portion of the Jura stein. The Swiss Alps com-Mountains, one of its three prise almost all the highest main physiographic regions.

an area sometimes called Cenmountains of the Alps, such The Swiss Alps extend over as Dufourspitze (4634 m), the both the Western Alps and the Dom (4545 m), the Liskamm Eastern Alps, encompassing (4527 m), the Weisshorn (4506

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The Alps cover 65% of Switzerland's total 41285 square kilometres (15940 sq mi) surface area, making it one of the most alpine countries. Despite the fact that Switzerland covers only 14% of the Alps total 192753 square kilometres  $(74422 \text{ mi}^2)$  area, 48 out of 82 alpine four-thousanders are located in the Swiss Alps and practically all of the remaining 34 are within 20 kilometres (12 mi) of the country's bor-

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The Swiss Alps are situated south of the Swiss Plateau and north of the national border. The limit between the Alps and the plateau runs from Vevey on the shores of Lake Geneva to Rorschach on the shores of Lake Constance. passing close to the cities of Thun and Lucerne.

The not well defined regions in Switzerland that lie on the margin of the Alps, especially those on the north side, are called the Swiss Prealps (Préalpes in French, Voralpen in German, Prealpi in Italian). The Swiss Prealps are mainly made of limeGT Alpina Typewriter Bold 80pt

## KANGCHENJUNGA

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The north side of the Swiss *la*. Between the Witenwas-Alps is drained by the Rhône, Rhine and Inn (which is part runs the European Watershed of the Danube basin) while separating the basin of the the south side is mainly Atlantic (North Sea) and the drained by the Ticino (Po basin). The rivers on the north and Black Sea). empty into the Mediterranean, North and Black Sea, on lies in fact only partially the south the Po empty in the on the main chain. Switzer-Adriatic Sea.

sheds in the Alps are locat- referred to as the "water ed within the country, they tower of Europe. Since the are: Piz Lunghin, Witenwas- highest dams are located in serenstock and Monte Forco- Alpine regions, many large

serenstock and Piz Lunghin Mediterranean Sea (Adriatic

The European watershed land possesses 6% of Europe's The major triple water- fresh water, and is sometimes

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The Alps are usually divided into two main parts, the Western Alps and Eastern Alps, whose division is along the Rhine from Lake Constance to the Splügen Pass. The western ranges occupy the greatest part of Switzerland while the more numerous eastern ranges are much smaller and are all situated in the canton of Graubünden. The latter are part of the Central Eastern Alps. except the Ortler Alps which belong to

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The composition of the great tectonic units reflects the history of the formation of the Alps. The rocks from the Helvetic zone on the north and the Austroalpine nappes - Southern Alps on the south come originally from the European and African continent respectively.

The rocks of the Penninic nappes belong to the former area of the Briançonnais microcontinent and the Tethys Ocean. The closure of the latter by subduction under the African plate (Piemont Ocean first and Valais Ocean later) preceded the collision